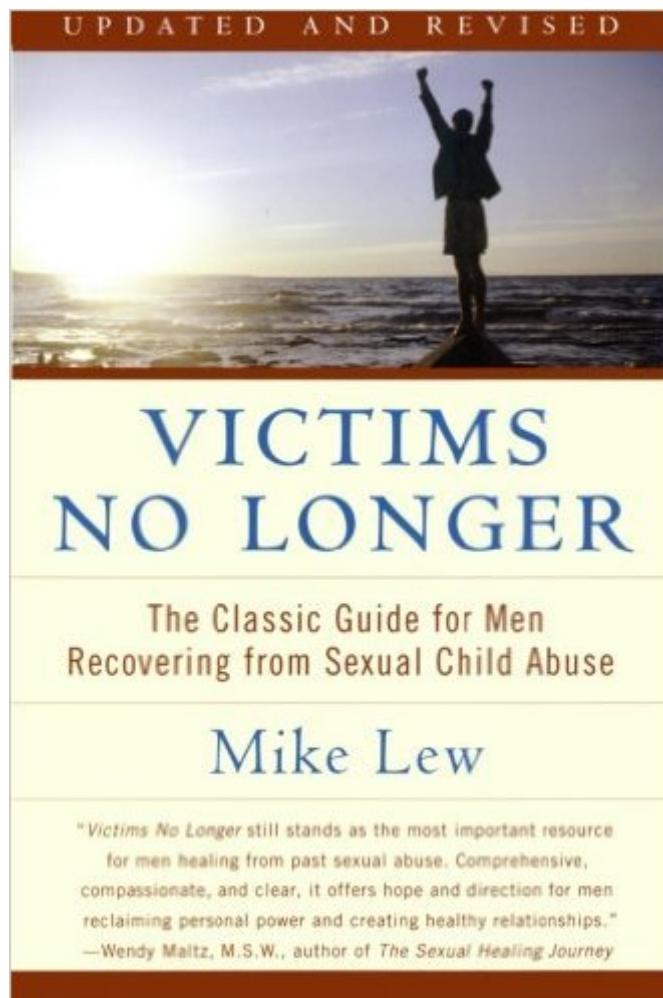


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Victims No Longer: The Classic Guide For Men Recovering From Sexual Child Abuse



Synopsis

For millions of men on the path to recovery, *Victims No Longer* is the next step. The first book written specifically for men, *Victims No Longer* examines the changing cultural attitudes toward male survivors of incest and other sexual trauma. Now, in this Second Edition, this invaluable resource continues to offer compassionate and practical advice, supported by personal anecdotes and statements of male survivors. *Victims No Longer* helps survivors to:

- Identify and validate their childhood experiences
- Explore strategies of survival and healing
- Work through issues such as trust, intimacy, and sexual confusion
- Establish a support network for continued personal recovery
- Make choices that aren't determined by abuse

Psychotherapist Mike Lew has worked with thousands of men and women in their healing from the effects of childhood sexual abuse, rape, physical violence, emotional abuse, and neglect. The development of strategies for recovery from incest and other abuse, particularly for men, has been a major focus of his work as a counselor and group leader. Thoroughly updated and revised, and including an expanded Resources section, *Victims No Longer* educates survivors and professionals about the recovery process -- speaking to the pain, needs, fears, and hopes of the adult male survivor.

Book Information

Paperback: 464 pages

Publisher: Harper Perennial; 2 Sub edition (May 11, 2004)

Language: English

ISBN-10: 006053026X

ISBN-13: 978-0060530266

Product Dimensions: 6 x 1.2 x 9 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars See all reviews (71 customer reviews)

Best Sellers Rank: #72,748 in Books (See Top 100 in Books) #124 in Books > Politics & Social Sciences > Politics & Government > Public Affairs & Policy > Social Services & Welfare #136 in Books > Self-Help > Abuse #166 in Books > Parenting & Relationships > Family Relationships > Conflict Resolution

Customer Reviews

As an avid reader all my 44 years, I never dreamed a book was a true mystical lifesaver! For years, I was threatened into a prison of silence after surviving multiple acts of abuse & carrying deeply hidden scars. I finally knew I had to deal with my horrific male abuse. Typical book addict, I

searched for anything on male abuse & was shocked with the lack of materials. Writing for years has been a lifeline for me & through my "black blood" I carried my pain, hoping to hear others in the same boat. I finally found Mike Lew's VICTIMS NO LONGER & after several attempts, I finally faced my anxiety & purchased a copy. It came at a time when I was in the darkest depression. I had just lost both my mom & dad, 5 weeks apart in Fall 1998. Along with complicated grief, I again felt wounds reopened with demonic force. (I had finally told my mom & dad when I turned 30 & they were shocked that people they most trusted, some loved, had me as a victim threatened in silence for so many years). I am a "myth breaker" in that I hid even from my loving & protective parents, afraid death threats were real----I was 8 when it all started... I would be amazed as I truly began my healing journey accompanied by the printed caring voice of Mike Lew! One day I hoped to thank him in person for the infinite lives he has impacted with his literary lifesaving!!! His words reach out---heart & soul... The energy of Mr.Lew is empowering! My recovery has been rough at times & I finally had the courage to attend a Male Survivor conference held at Dawn Manor in the Catskills. I KNOW I would never have attended if I hadn't discovered Mike Lew:):): The Male Survivor group's awesome power reflects Mike!

The very act of reading "Victims No Longer" validates its title. If you have been a victim of child sexual abuse, it means you have taken the first step in your recovery. If you have not been a sexually abused child, you have delved into a subject with unending ramifications for all of us, providing a reason - rather a need - to examine and reexamine the very humanity of our lives. As author Mike Lew says, "Even the best childhood is no picnic," laden with confusing and conflicting messages uttered by larger and older people whose very physical perspective is beyond the reach of a child. So what happens to the abused child, and the sexually abused, whose very core of trust is shattered? And what happens to the millions of male children, traditionally raised to be stoic and unemotional? Here, in "Victims No Longer," there is finally a safe "place" - a beacon lighting the way to recovery. With vast knowledge in both psychotherapy and cultural anthropology, Lew brings a multifaceted approach to a subject that sadly crosses every cultural and economic group. Filled with wisdom, and written in an easy, humane style, Lew's book is accessible to both victims and professionals. And the testimonies and focus subjects are heartrending and courageous, providing a counterpoint in style and emotionality. Resisting the pedagogical urge to quantify and qualify, Mike Lew knows that this is a subject that necessitates inclusiveness. Victims should not have to compete for the frequency and duration of their abuse; their abuse alone requires the tenderest care. As Lew says, "The most striking feature about sexual abuse is the similarity of its effects on

adult survivors." And as he repeats throughout, "No one ever died of feeling.

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